



The ACORN Model at Stetson School

The approach to treatment and the treatment environment at Stetson School is incorporated into the Stetson School "ACORN" model, reflecting our philosophy of and approach to treatment and rehabilitation.

In helping our students to create "new" selves, they are enabled to form healthy and secure attachments to others, overcome childhood adversity and traumatic experiences, build social competency and social skills, and develop self-regulation and behavioral control: **Attachment and socially connected relationships, Competency and social skill development, Overcoming adversity and trauma, Regulation and self-control of behavior and emotion, New self: new ideas, new attitudes, new understanding.**

The ACORN model underlies treatment at Stetson School, including our treatment of sexually abusive behavior and sexually troubled behavior. The culture of recovery at Stetson School reflects a treatment environment in which our students are enabled to "recover" from the effects of earlier damaging life experiences. In this culture of recovery, our goals are to bring about change in the way that our students feel and think about themselves and the world about them, and how they behave in response to circumstances, situations, and social interactions.

At Stetson School, we recognize and treat our students as "whole" children whose sexually troubled behaviors are one part of a much larger complex of emotional, cognitive, behavioral, and social problems, many of which are the outgrowth of earlier adverse childhood experiences, attachment difficulties, and insecure and troubled attachments to others.

As such, sexual offender specific treatment at Stetson School is embedded within a treatment program, treatment environment, and treatment approach that is rehabilitative in nature, and incorporated into the Stetson School ACORN model.

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Competency and social skill development
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Regulation and self-control of behavior and emotion
New self: New ideas, new attitudes, new understanding**